

GOVERNMENT MEDICAL COLLEGE, KATHUA
FOUNDATION COURSE
DETAILS OF FOUNDATION COURSE CONTENT FOR MBBS BATCH (2019-20)
AS PER MEDICAL COUNCIL INDIA RECOMMENDATIONS

SUBJECTS	COURSE CONTENT	DURATION(HOURS)	
1. ORIENTATION	• Lighting of lamp; Welcome address by Worthy Principal.	One	Thirty (30)
	• Induction ceremony: Hippocratic Oath, Apron wearing & Stethoscope adoring ceremony, Cadaveric Oath.	One	
	• Detail orientation of MBBS Course; Introduction of preclinical faculty and Indian Medical Graduates; Interaction with parents.	Two	
	• History of Medicine	Two	
	• Introduction to Medical Profession and Physician's role in the society.	Two	
	• Health care system and its delivery.	One	
	• Alternate health care systems in the country.	One	
	• Visit to Pre-clinical Departments (Anatomy, Biochemistry & Physiology)	Three	
	• National Health Priorities, Goals and Policies.	One	
	• Visit to Emergency, OPDs, wards, ICU, CCU, NICU.	Three	
	• Visit to Blood Bank, Central Lab. And Diagnostics (Micro, Patho, Biochem, Radiology, ECG, Echo)	Four	
	• Visit to Central Library.	Three	
	• Healthy Lifestyle	One	
	• Universal precautions and Vaccinations.	Two	
	• Patient & Drug Safety and Biohazard Safety.	One(01)	
	• Principles of Primary Care.	One(01)	
• Principals of Family Practice.	One(01)		
2. SKILLS MODULES	• First Aid (One + Two hrs)	Three(03)	Thirty Five (35)
	• Needle Stick/ Scalpel injury.	One(01)	
	• Hand washing technique (One + three hrs).	Four(04)	
	• Prescription writing Skills (One + six hrs).	Seven(07)	
	• Immunization requirement of health care professional.	One(01)	
	• Basic Life Support and Resuscitation Skills.	Three(03)	
	• Team work Skills	Six(06)	
	• Basic Communication Skills.	Five (05)	
	• Self Directed Learning	One (01)	
	• Biomedical Waste Handling and Management	Four(04)	
3. FIELD VISIT TO COMMUNITY HEALTH CENTER	• Understanding Nutritional Issues and Health Economic Issues (One +one hrs).	Two(02)	Eight (8)
	• Community Health Problems.	One(01)	

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(CHC).	<ul style="list-style-type: none"> Visit to CHC, Introduction to Health Workers and their role; Introduction to and interaction with patients; understanding health problems and health care needs of community. 	Five(05)	
4. PROFESSIONAL DEVELOPMENT INCLUDING ETHICS	<ul style="list-style-type: none"> Concept of Professional Ethics. 	Two(02)	Forty (40)
	<ul style="list-style-type: none"> Consequences of unethical and unprofessional Behaviour. 	Two(02)	
	<ul style="list-style-type: none"> Motivational Lecture and Social responsibility. 	Three(03)	
	<ul style="list-style-type: none"> Time Management. 	Two(02)	
	<ul style="list-style-type: none"> Functioning as part of a Health Care Team(One + three +three +three +three + three hrs) 	Sixteen (16)	
	<ul style="list-style-type: none"> Value of Integrity, honesty and respect during interactions with peers, seniors, faculty and other health care workers and patients (One+ three+ three+ three+ three hrs. 	Thirteen (13)	
	<ul style="list-style-type: none"> Introduction and Basics of AETCOM and CBME (One + one hrs). 	Two	
5. SPORTS AND EXTRACURRICULAR ACTIVITIES	<ul style="list-style-type: none"> Sports and Extracurricular Activities. 	Twelve	Twenty-two (22)
	<ul style="list-style-type: none"> Yoga, Meditation and Stress Management. 	Ten	
6. ENHANCEMENT OF LANGUAGE/ COMPUTER SKILLS	<ul style="list-style-type: none"> Local and Universal Language learning- Hindi, English. Urdu, Dogri, Kashmiri(Two + two + three + three + three hrs) 	Thirteen	Forty (40)
	<ul style="list-style-type: none"> Computer Skills: Basic, PowerPoint Presentation. 	Seven	
	<ul style="list-style-type: none"> Computer Skills: Basic and Excel Sheet. 	five	
	<ul style="list-style-type: none"> Computer Skills: Basic and Data Representation (Tables, Bar Diagram, Line Diagram, Pie Chart) 	Seven	
	<ul style="list-style-type: none"> Information Technology 	One	
	<ul style="list-style-type: none"> Important Scientific Websites, important Medical journals and importance in continuous updating. 	Three	
	<ul style="list-style-type: none"> Internet surfing, Medical Literature Reviewing and Retrieving. 	Three	
	<ul style="list-style-type: none"> Medical use of Mobile (App) and other Soft wares. 	One	
	Total	Hundred Seventy-Five	175

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GOVERNMENT MEDICAL COLLEGE, KATHUA
FOUNDATION COURSE SHEDULE FOR MBBS BATCH, SESSION (2019-20)

	8am-9am	9am-10am	10am-11am	11am-12pm	12pm-1pm	1pm-2pm	2pm-3pm	3pm-4pm
1 st Aug, 2019 Thurs	Lamp lighting ceremony & Welcome address by the worthy Principal	Induction Ceremony: Hippocratic Oath, Apron wearing and Stethoscope adoring ceremony and Cadaveric Oath Team from preclinical Depts. (Anatomy, Biochemistry/ Physiology)	Detail orientation of MBBS Course; Introduction of Preclinical Faculty and Indian Medical Graduates; Interaction with Parents HOD Anatomy/ Biochemistry/ Physiology; Staff of Preclinical Depts. (Anatomy, Biochemistry/ Physiology); Curriculum & MEU Committee Members		Introduction to Medical Profession and Physician's role in the society SGD HOD Surgery/ Obs & Gynae/ Medicine	LUNCH BREAK	History of Medicine SGD HOD Medicine or Nominee	
2 nd Aug, 2019 Fri	Health care system and its delivery LECTURE HOD Community Medicine/ Nominee	Visit to preclinical Depts. (Anatomy, Biochemistry/ Physiology) Staff of Preclinical Depts.			Introduction to Medical Profession and Physician's role in the society INTERACTIVE SESSION HOD Surgery/ Obs & Gynae/ Medicine	LUNCH BREAK	Information Technology LECTURE I/C Telemedicine; Guest Faculty	Computer Skills: Basic, PowerPoint Presentation LECTURE I/C IT Dept; Guest Faculty
3 rd Aug, 2019 Sat	Alternate Health Care Systems in the country LECTURE HOD Pharmacology	Healthy Lifestyle INTERACTIVE SESSION HOD Physiology or Nominee	Yoga, Meditation and Stress Management LECTURE HOD Physiology/Psychiatry; Guest Faculty		Introduction to Medical Profession and Physician's role in the society INTERACTIVE SESSION HOD Surgery/ Obs & Gynae/ Medicine	LUNCH BREAK		Local & Universal Language Learning- English LECTURE Guest Faculty
5 th Aug, 2019 Mon	National Health Priorities, Goals and Policies LECTURE HOD Community Medicine or Nominee	Visit to Blood Bank, Central Lab. And Diagnostics (Micro, Patho, Biochem, Radiology, ECG, Echo) Medical Superintendent/ deputy medical Superintendent/ Respective HODs or Nominee of the concerned Depts.				LUNCH BREAK	Motivational Lecture and Social responsibility INTERACTIVE	Computer Skills: Basic and Excel Sheet INTERACTIVE SESSION I/C IT Dept; Guest Faculty

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					SESSION Dr Anil Gupta	
6 th Aug, 2019 Tue	Yoga, Meditation and Stress Management LECTURE HOD /Physiology/Psychiatry; Guest Faculty		Visit to Central Library I/C Library or Nominee	LUNCH BREAK	Universal Language Learning-English LECTURE Guest Faculty	Computer Skills: Basic and Excel Sheet LECTURE I/C IT Dept; Guest Faculty
7 th Aug, 2019 Wed	Understanding Nutritional Issues and Health Economic Issues LECTURE HOD Community Medicine or Nominee	Hand washing technique DOAP HOD Microbiology or Nominee	Patient & Drug Safety and Biohazard Safety SGD HOD Pharmacology or Nominee	LUNCH BREAK	Computer Skills: Basic and Excel Sheet SGD I/C IT Dept; Guest Faculty	Sports and Extracurricular Activities Chairman Sports Committee / Nominee
8 th Aug, 2019 Thurs	Prescription writing Skills LECTURE HOD Pharmacology / Nominee		First Aid DOAP Dr B N Boughal	LUNCH BREAK	Universal precautions and Vaccinations SGD HOD Community Medicine / Nominee	
9 th Aug, 2019 Fri	Concept of Professional Ethics LECTURE HOD Forensic Dept./Convenor Curriculum Committee / Nominee	Local & Universal Language Learning-Hindi LECTURE Guest Faculty	Hand washing technique DOAP HOD Microbiology / Nominee	LUNCH BREAK	Computer Skills: Basic, PowerPoint Presentation DOAP I/C IT Dept; Guest Faculty	Sports and Extracurricular Activities Chairman Sports Committee / Nominee
10 th Aug, 2019 Sat	Prescription writing Skills DOAP HOD Pharmacology/ Nominee		Visit to Emergency, OPDs, wards, ICU, CCU, NICU HODs of Clinical Depts. /Nominee	LUNCH BREAK	Motivational Lecture and Social responsibility INTERACTIVE SESSION Dr Sanjay Kalsotra	Sports and Extracurricular Activities Chairman Sports Committee or Nominee
13 th Aug, 2019 Tue	Team work Skills LECTURE Dr Virendar(Physician)	Local & Universal Language Learning-Hindi INTERACTIVE SESSION Guest Faculty	Yoga, Meditation and Stress Management SGD HOD /Physiology / Psychiatry/ Guest Faculty	LUNCH BREAK	Computer Skills: Basic and Excel Sheet DOAP I/C IT Dept; Guest Faculty	Sports and Extracurricular Activities Chairman Sports Committee or Nominee
14 th Aug, 2019	Local & Universal Language Learning-Dogri LECTURE	Motivational Lecture and Social responsibility	Team work Skills INTERACTIVE SESSION	LUNCH BREAK	Computer Skills: Basic and Excel Sheet LECTURE	Sports and Extracurricular Activities

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Wed	Guest Faculty	INTERACTIVE SESSION Dr Anil Gupta	Dr Surinder Attri			I/C IT Dept; Guest Faculty	Chairman Sports Committee or Nominee	
16 th Aug, 2019 Fri	Basic Communication Skills LECTURE Dr Mohinder	Team work Skills INTERACTIVE SESSION Dr K L Gupta	Team work Skills INTERACTIVE SESSION Dr Anil Mehta	Prescription writing Skills SGD HOD Pharmacology or Nominee	LUNCH BREAK	Community Health Problems SGD HOD Community Medicine/ Nominee	Sports and Extra-curricular Activities Chairman Sports Committee or Nominee	
17 th Aug, 2019 Sat	Visit to CHC, Introduction to Health Workers and their role; Introduction to and interaction with patients; understanding health problems and health care needs of community.				LUNCH BREAK	Local & Universal Language Learning-Urdu LECTURE Guest Faculty	Sports and Extra-curricular Activities Chairman Sports Committee or Nominee	
19 th Aug, 2019 Mon	Principles of Primary Care LECTURE HOD Community Medicine/ Nominee	Basic Communication Skills INTERACTIVE SESSION Dr Sudesh Sharma	Consequences of unethical and unprofessional Behaviour LECTURE HOD Forensic Medicine/ Coordinator Curriculum Committee/ Nominee	Local & Universal Language Learning-Urdu LECTURE Guest Faculty	Internet surfing, Medical Literature Reviewing and Retrieving INTERACTIVE SESSION HOD Surgery /Obs & Gynae/ Medicine/ Pathology/ Paediatrics/ Physiology/ Nominee	LUNCH BREAK	Computer Skills: Basic and Data Representation (Tables, Bar Diagram, Line Diagram, Pie Chart) LECTURE I/C IT Dept; Guest Faculty	Sports and Extra-curricular Activities Chairman Sports Committee or Nominee
20 th Aug, 2019 Tue	Principles of Family Practice LECTURE HOD Medicine /Surgery / Medical Superintendent / Nominee	Prescription writing Skills DOAP HOD Pharmacology or Nominee	Time Management INTERACTIVE SESSION Dr N S Jamwal	Self- directed Learning (SDL) LECTURE Coordinator Curriculum Committee/ Coordinator MEU/ Nominee	LUNCH BREAK	Computer Skills: Basic and Data Representation (Tables, Bar Diagram, Line Diagram, Pie Chart) LECTURE I/C IT Dept; Guest Faculty	Sports and Extra-curricular Activities Chairman Sports Committee or Nominee	
21 st Aug, 2019	Value of Integrity, honesty and	Functioning as part of a Health Care Team/ Value of Integrity, honesty and respect during interactions with peers, seniors, faculty and other health care workers and patients			LUNCH BREAK	Computer Skills: Basic and Data Representation	Sports and Extra-curricular	

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Wed	respect during interactions with peers, seniors, faculty and other health care workers and patients SGD HOD Community Medicine/ Nominee	SGD HODs of Clinical Depts. /Nominee By Rotation in Batches (Roll Nos. 1-50 & 51-100)				(Tables, Bar Diagram, Line Diagram, Pie Chart) DOAP I/C IT Dept; Guest Faculty	Activities Chairman Sports Committee or Nominee
22 nd Aug, 2019 Thurs	Introduction and Basics of AETCOM and CBME LECTURE Convenor Curriculum Committee/ Coordinator MEU/ Nominee	Functioning as part of a Health Care Team/ Value of Integrity, honesty and respect during interactions with peers, seniors, faculty and other health care workers and patients SGD HODs of Clinical Depts. /Nominee By Rotation in Batches (Roll Nos. 1-50 & 51-100)			LUNCH BREAK	Computer Skills: Basic and Data Representation (Tables, Bar Diagram, Line Diagram, Pie Chart) DOAP I/C IT Dept; Guest Faculty	Sports and Extra-curricular Activities Chairman Sports Committee or Nominee
23 rd Aug, 2019 Fri	Introduction and Basics of AETCOM and CBME LECTURE Convenor Curriculum Committee/ Coordinator MEU/ Nominee	Functioning as part of a Health Care Team/ Value of Integrity, honesty and respect during interactions with peers, seniors, faculty and other health care workers and patients INTERACTIVE SESSION HODs of Clinical Depts. /Nominee By Rotation in Batches (Roll Nos. 1-50 & 51-100)			LUNCH BREAK	Computer Skills: Basic and Data Representation (Tables, Bar Diagram, Line Diagram, Pie Chart) DOAP I/C IT Dept; Guest Faculty	Sports and Extra-curricular Activities Chairman Sports Committee or Nominee
26 th Aug, 2019 Mon	Understanding Nutritional Issues and Health Economic Issues SGD HOD Community Medicine or Nominee	Functioning as part of a Health Care Team INTERACTIVE SESSION HODs of Clinical Depts. /Nominee By Rotation in Batches (Roll Nos. 1-50 & 51-100)			LUNCH BREAK	Computer Skills: Basic, PowerPoint Presentation LECTURE I/C IT Dept; Guest Faculty	Local & Universal Language Learning- Dogri LECTURE Guest Faculty
27 th Aug, 2019 Tue	Internet surfing, Medical Literature Reviewing and Retrieving SGD HOD Surgery/Obs &	Biomedical Waste Handling and Management LECTURE HOD Microbiology/ Pathology / Community Medicine/ Nominee	Local & Universal Language Learning- Dogri INTERACTIVE SESSION Guest Faculty	Needle Stick/ Scalpel injury SGD HOD Anaesthesia / Nominee	LUNCH BREAK	Computer Skills: Basic and Data Representation (Tables, Bar Diagram, Line Diagram, Pie Chart) INTERACTIVE SESSION I/C IT Dept; Guest Faculty	

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	Gynae/ Medicine/ Pathology/ Paediatrics/ Nominee					
28 th Aug, 2019 Wed	Local & Universal Language Learning- Kashmiri LECTURE Guest Faculty	Biomedical Waste Handling and Management LECTURE HOD Microbiology/ Pathology / Community Medicine/ Nominee	Yoga, Meditation and Stress Management LECTURE HOD /Physiology/Psychiatry; Guest Faculty	LUNCH BREAK	Medical use of Mobile (App) and other Soft wares INTERACTIVE SESSION HOD Surgery/Obs & Gynae/ Medicine/ Pathology/ Paediatrics/ Radiotherapy Nominee/ I/C IT/ Guest Faculty	Computer Skills: Basic, Power Point Presentation LECTURE I/C IT Dept; Guest Faculty
29 th Aug, 2019 Thurs	Basic Communication Skills LECTURE Dr Aniece Chowdhry	Understandin g Nutritional Issues and Health Economic Issues SGD HOD Community Medicine or Nominee	Yoga, Meditation and Stress Management LECTURE HOD /Physiology/Psychiatry; Guest Faculty	LUNCH BREAK	Immunization requirement of health care professional LECTURE HOD Community Medicine/No minee	Computer Skills: Basic, PowerPoint Presentation DOAP I/C IT Dept; Guest Faculty
30 th Aug, 2019 Fri	Internet surfing, Medical Literature Reviewing and Retrieving INTERACTIVE SESSION HOD Surgery/Obs & Gynae/ Medicine/ Pathology/ Paediatrics/ Physiology/ Nominee	Important Scientific Websites, important Medical journals and importance in continuous updating SGD HOD Surgery/Obs & Gynae/ Medicine/ Pathology/ Paediatrics/ Physiology/ Nominee	Basic Life Support and Resuscitation Skills DOAP HOD Anaesthesia/Orthopaedics/ Medicine/Physiology/Nominee	LUNCH BREAK	Local & Universal Language Learning- Urdu INTERACTIVE SESSION Guest Faculty	Computer Skills: Basic, PowerPoint Presentation DOAP I/C IT Dept; Guest Faculty

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31 st Aug, 2019 Sat	Team work Skills INTERACTIVE SESSION Dr Rajrishi/ Nominee	Local & Universal Language Learning- Kashmiri LECTURE Guest Faculty	Important Scientific Websites, important Medical journals and importance in continuous updating SGD HOD Surgery/Obs & Gynae/ Medicine/ Pathology/ Paediatrics/ Physiology/ Nominee	Consequences of unethical and unprofessional Behaviour SGD HOD Forensic Medicine/ Convenor Curriculum Committee/ Nominee	LUNCH BREAK	Local & Universal Language Learning- Kashmiri INTERACTIVE SESSION Guest Faculty	Computer Skills: Basic, PowerPoint Presentation DOAP I/C IT Dept; Guest Faculty
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Dr Shashi Sudhan Sharma
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Order No.GMCK/Estt/2019-20/537-545

Dated: 16 /07/2019

Copy to:-

1. Principal Secretary to Govt. Health Medical Education Department, Civil Secretariat.
2. Secretary General, Medical Council of India, Pocket-14, Sector-8, Dwarka Phase-I, New Delhi-110077.
3. Coordinator & Incharge Basic Course, MCI Nodal Centre,
4. Director Coordination, New Medical Colleges.
4. All HODs
5. Coordinator, Curriculum Committee, GMC, Kathua.
6. Coordinator , Foundation Course.
7. Office copy.