



DEPARTMENT OF GENERAL MEDICINE GOVERNMENT MEDICAL COLLEGE, KATHUA

INTRODUCTION ABOUT THE DEPARTMENT

- General Medicine is one of the biggest departments of the college and was established in March 2019 and is headed by Dr. B. N. Bhogal since then. It is headed by Dr. B. N. Bhogal, Professor of Medicine / HOD and other faculty members are Dr. Salma Koser Bhat (Associate Professor) and Dr. Vinod Mitla (Associate Professor), Dr. Abhishek Sharma (Assistant Professor), Dr. Shashi Paul (Assistant Professor).
- The department has been providing its professional services and a lot of attention is given for patient care and quality of academic activities, training of UG, PG and Paramedical programmes. The department deals with adult medical conditions such as diseases of CNS, CVS, Respiratory System, GIT, Kidney and diseases of joints. The main role of this department is to diagnose, treat appropriately and establish the patient on the road to recovery if possible. This involves seeing the patient either as an outpatient in the specialist clinic or managing him/her as an indoor patient in the wards. Emergency of the department is round the clock in the hospital and establishing subspecialty clinics.

MISSION

- The Department of Medicine advances the health of the public through high quality, patient-centered care, innovative research and education of the next generation of physicians.

VISION

- By sustained effort and commitment to life-long learning and discovery through diversity of experience and opinion within an engaged, respectful, and open community, we strive to uphold the public trust, discover new knowledge, and contribute importantly to the alleviation of suffering and to the cure of human disease.

CORE VALUES OF THE DEPARTMENT

➤ The faculty and staff of the Department of Medicine Value:-

- 1) Professionalism,
- 2) Patient-centeredness
- 3) Compassion
- 4) respect
- 5) innovation
- 6) discovery
- 7) diversity
- 8) teamwork
- 9) scholarship
- 10) Stewardship

INFORMATION ABOUT THE ABOUT HOD/FACULTY

S. No.	Name of Hod/Faculty	Designation	Mobile.No.	Email
1	Dr. B.N.Bhougal	Professor & HOD	9419571357	bnbhougal100.bnb@gmail.Com
2	Dr. Salma Koser	Associate Professor	9906087939	salmakbhat@gmail.com
3	Dr. Vinod Mitla	Associate Professor	9622118347	mitlavinny@yahoo.com
4	Dr. Abhishek Sharma	Assistant Professor	7006118274	abhisnk@gmail.com
5	Dr. Shashi paul	Assistant Professor	7889547712	Paulshashi846@gmail.com

INFORMATION ABOUT Office Staff

S. No.	Name of the Official/Staff	Designation	Mobile. No.	Email
1	ANKAJ SHARMA	STOREKEEPER CUM CLERK	7780809819	THINKFORANKAJ@GMAIL.COM
2	PANKAJ KUMAR	MTS	6005056008	PANKAJTRARIA567@GMAIL.COM

ACADEMIC ACTIVITIES AND ACHIEVEMENTS OF STAFF

- Undertaking theory classes of MBBS Students.
- Undertaking clinical classes of MBBS students.
- Undertaking clinical/practical classes of Paramedical students.
- Attending patients in OPD's and wards and round the clock emergency.

CME'S SEMINARS, CONFERENCE, WORKSHOPS ATTENDED

- Faculties have attended various CME's, Conferences and workshops at UT and National level.

LIST OF BOOKS IN THE DEPARTMENT LIBRARY

S.No	Book Name	Author
1	CURRENT MEDICAL DIAGNOSIS AND TREATMENT (IE) 2019	PAPADAKIS
2	A SHORT TB OF PSYCHIATRY	AHUJA
3	APITB OF MEDICINE (2VOLUMES) 10ED	MUNJALYP
4	BRAIN'S DISEASES OF THE NERVOUS SYSTEM, 12TH SAE	MICHAEL, DONAGHY
5	BRAUN WALD'S HEART DISEASE: AT B OF CARDIOVASCULAR MEDICINE 11ED (IE)	ZIPES, DOUGLAS
6	BREAST CANCER: EARLY DETECTION WITH MAMMOGRAPHY: CRUSHED STONE-LIKE CALCIFICATION 1ED	TABAR
7	CLINICAL EEG	VAS
8	CLINICIAN'S GUIDE TO LIPIDS AND CORONARY HEART DISEASE, 2ED	BETTERIDGE
9	DAVIDSON'S PRINCIPLES AND PRACTICE OF MEDICINE (IE), 23ED	RALSTON
10	DISEASES OF THE CHEST: IMAGING DIAGNOSIS BASED ON PATTERN CLASSIFICATION: 1ED	MATSUSHIMA
11	GOLWALLA'S MEDICINE FOR STUDENTS ARE REFERENCE BOOK FOR THE FAMILY PHYSICIAN	GOLWALLA ASPI. F
12	HUTCHISON'S CLINICAL METHODS: AN INTEGRATED APPROACH TO CLINICAL PRACTICE (IE) 24ED	GLYNN
13	INTEGRATED MEDICAL AND SURGICAL GASTROENTEROLOGY; 1ED	VAN LANSCHOT
14	MEDICINE: PREP MANUAL FOR UNDERGRADUATES, 5 ED	MATHEW & AGGARWAL
15	OXFORD HANDBOOK OF DIALYSIS, 4ED	LEVY
16	OXFORD HANDBOOK OF GENERAL PRACTICE 4ED	SIMON & EVERITT
17	P.J. MEHTA'S PRACTICAL MEDICINE 21ED	MEHTA
18	PEDIATRIC NEUROLOGY, 2ED	HOLMES
19	PRINCIPLES OF CRITICAL CARE	UDWADIA
20	RESPIRATORY INFECTIONS	TORRES
21	CLINICAL TUBERCULOSIS, 5ED	DAVIES

S.No	Book Name	Author
22	OXFORD DESK REFERENCE RESPIRATORY MEDICINE, SAE EXCLUSIVE	MASKELL
23	THE WASHINGTON MANUAL OF MEDICAL THERAPEUTICS,35ED	BHAT
24	LEOSCHAMROTHANINTRODUCTIONTO ELECTROCARDIOGRAPHY,8THADAPTEDEDITION	NARASIMHAN
25	SHERLOCK'SDISEASESOFTHELIVERANDBILIARY SYSTEM,13ED	DOOLEY
26	ENDOSCOPYOFTHEUPPERGITTRACT:A TRAININGMANUAL 1 ED	BLOCK
27	HARRISON'SPRINCIPLESOFINTERNALMEDICINE,2-VOLUMES,20ED	JAMESON
28	2020CURRENTMEDICALDIAGNOSISANDTREATMENT, 59ED	PAPADAKIS
29	ADAMSANDVICTOR'SPRINCIPLESOFNEUROLOGY	ROPPER
30	FISHMAN'SPULMONARYDISEASESANDDISORDERS, 5E, 2 VOLUME SET	FISHMAN
31	SLEISENGERANDFORDTRAN'SFASTROINTESTINAL ANDLIVERDISEASE-2VOLUMESET: PATHOPHYSIOLOGY,DIAGNOSIS,MANAGEMENT	FELDMAN
32	GOLDBERGERCINICALELECTROCARDIOGRAPHY-A SIMPLIFIEDAPPROACH	GOLDBERGER
33	LEOSCHAMROTHANINTRODUCTIONTO ELECTRO CARDIOGRAPHY,8ED	NARASIMIHAN
34	HURT'STHEHEART,14ED,2VOLS	FUSTER
35	DELEE,DREZ,ANDMILLER'SORTHOPAEDICSPORTS MEDICINE,5E,2VOLSET	MILLER
36	MASTERTECHNIQUESINORTHOPAEDIC,SPORTSAND MEDICINE2ED	FU
37	THECLUBFOOTREVISITED	PANDEY
38	ADAM'SOUTLINEOFFRACTURES:INCLUDINGJOINT INJURIES,12E/D	HAMBLÉN
39	MINIMALLYINVASIVEPLATEOSTHEOSYNTHESIS,2E	BABST
40	NETTER'SORTHOPAEDICCLINICALEXAMINATION:AN EVIDENCE-BASEDAPPROACH	CLELAND
41	GREEN'SOPERATIVEHANDSURGERY,7E/D,2VOLS	WOLFE
42	HANDANDWRIST:AOMANUALOFFRACTURE MANAGEMENTI/E	JUPITER
43	STEPBYSTEPMANAGEMENTOFCLUBFOOTBY PONSETI TECHNIQUEWITHDVDROM,1E/D	AGRAWAL

LIST OF EQUIPMENTS IN DEPARTMENT/LABORATORY

S/No	Name of Equipment
1	Foot operated Suction
2	Oxygen Concentrators
3	Vital Signs Monitor
4	TMT
5	ECG Machine
6	Oxygen Cylinder
7	Glucometer
8	Haemodialysis Machine
9	Weighing Machine
10	Infusion flow stand
11	Echo Cardiograph
12	Holter

RESEARCH PUBLICATION OF THE STAFF MEMBERS / PAPER PRESENTATION / BOOK CHAPTERS

➤ Research Publication of Dr. B.N. Bhogal, Professor & HOD

S.No	Title of Publication
1	Prevalence of Vitamin D Deficiency in Critically ill Patients of Cerebrovascular Accidents.
2	Prevalence of Vitamin D Deficiency in Critically ill Patients of Acute Coronary Syndrome.
3	Relationship between severity of diabetic foot ulcer and various diabetic related conditions: a cross-sectional study.
4	Effect of Dialysis on Upper Gastrointestinal Symptoms and Endoscopic Findings Along with Biochemical Parameters in Patients of Chronic Renal Failure: A Cross-sectional Study in Tertiary Care Settings in North India.
5	A study of Etio-clinical and Echocardiographic data of patients presenting with pulmonary hypertension.
6	Serum magnesium levels in patients of Type 2 nd diabetes mellitus across a cross-sectional study.
7	Pattern of lipid alterations in sub clinical hypothyroidism response to Levothyroxin replacement.
8	To study the use of proton pump inhibitors in patients visiting outpatient department of medicine in a tertiary care hospital.

➤ **Research Publication of Dr. Salma Koser, Associate Professor**

S.No	Title of Publication
1	Chemotherapeutic treatment modalities in the management of lung carcinoma: an observation study in a tertiary care teaching hospital in north India.
2	Demographic patterns of lung cancer in Jammu region: a single centre study.
3	Clinical Manifestation of Lung Cancers A Prospective Observational Study October
4	Assessment of Failure Rate of Thrombolysis with Streptokinase in Acute Myocardial infarction using ECG Criteria: A Prospective Observational study
5	Clinical Profile of Female Patients of Hypothyroidism in District Kathua of UT of J&K
6	Assessment of Depressive Disorder in Patients with Chronic Kidney Disease at a Tertiary Care Hospital
7	Prevalence of Acute Renal Failure in Dengue at a Tertiary Care Hospital in J and K

➤ **Research Publication of Dr. Vinod Mitla, Associate Professor**

S.No	Title of Publication
1	Comparative Analysis of Anti Versus Probiotic in patients with Irritable Bowel Syndrome.
2	Profile of Testicular Germ Cell Tumors in Kashmir: A Retrospective analysis.
3	Assessment of Depressive Disorder in Patients with Chronic Kidney Disease at a Tertiary Care Hospital
4	Prevalence of Acute Renal Failure in Dengue at a Tertiary Care Hospital in J and K
5	Prevalence of psychiatric disorders in patients with COPD in a tertiary healthcare setting

➤ **Research Publication of Dr. Abhishek Sharma**

S.No	Title of Publication
1	Regression of coronary artery disease with lipid lowering therapy.
2	Prevalence of Acute Renal Failure in Dengue at a Tertiary Care Hospital in J and K
3	Effect of calcium and vitamin D supplementation on bone density in men and women above 65 years of age
4	Assessment of Failure Rate of Thrombolysis with Streptokinase in Acute Myocardial Infarction using ECG Criteria: A Prospective Observational Study

5	ALTERATIONS IN LIPIDS LEVEL IN SUBCLINICAL HYPOTHYROIDISM
6	Clinical Manifestations of Lung Cancers A Prospective Observational Study
7	To study the prevalence of Vitamin D deficiency in patients of NAFLD in a tertiary care hospital in Northern India
8	Clinical profile of female patients of hypothyroidism in district kathua of UT of J&K

➤ **Research Publication of Dr.Shashi Paul , Assistant Professor**

S.No	Title of Publication
1	REGRESSION OF CORONARY ARTERY DISEASE WITH LIPID LOWERING THERAPY
2	CHARACTERSTICS AND RISK FACTORS FOR MORTALITY OF COVID-19 PATIENTS ADMITTED IN ICU
3	ASSESSMENT OF FAILURE RATE OF THROMBOLYSIS WITH STREPTOKINASE IN ACUTE MYOCARDIAL INFARCTION USING ECG CRITERIA: A PROSPECTIVE OBSERVATIONAL STUDY
4	CLINICAL PROFILE OF FEMALE PATIENTS OF HYPOTHYROIDISM IN DISTRICT KATHUA OF UT OF J&K
5	ALTERATIONS IN LIPIDS LEVEL IN SUBCLINICAL HYPOTHYROIDISM