



DEPARTMENT OF OBSTETRICS & GYNECOLOGY **GOVT. MEDICAL COLLEGE KATHUA**

❖ **GENERAL INTRODUCTION ABOUT THE DEPARTMENT**

- Presently one Professor, two Associate Professor, five Assistant Professor, one consultant, three senior Residents and three junior residents are working in the department.
- There are forty Beds in the department.
- Emergency, Elective and specialty clinics services are in the department.

❖ **MISSION OF THE DEPARTMENT**

- Quality obs. &Gynae management, standard teaching
- Up gradation of services conform of endoscopy and oncology
- Outreach Campus Menopausal, Adolescent and MCH
- Speciality clinics (Infertility, oncology, fetal medicine and menopause)
- Laparoscopic training programs.
- Decrease Mortality and Morbidity.
- Creation of Gynae& Obs. HDU.

❖ **VISION OF THE DEPARTMENT**

- Empowering Women and child education.
- Two scientific publications each year of the faculty.
- Aim for extramural projects each year.
- Collaboration with local and private practitioners for strengthen the peripheral health services.
- Striving for the State of art institute for OBGY services.
- Creation of departmental library.

❖ **CORE VALUE OF THE DEPARTMENT**

- Cohesive approach.
- Academic improvement.
- Interactive behaviour.
- Collective learning.



DETAILS OF FACULTY MEMBERS

S. NO	NAME	DESIGNATION	PHONE NO.	E-MAIL
1	Dr. Anil Mehta	Professor & HOD	9419181134	beluanil@gmail.com
2	Dr.Minakeshi Rana	Associate Professor	9419170793	minakeshirana76@gmail.com
3	Dr.Nishupriya	Associate Professor	9419231587	Nishupriya25@gmail.com
4	Dr.Madhu Digra	Assistant Professor	9419327933	drravinderchambyal@gmail.com
5	Dr.Pallavi Sharma	Assistant Professor	9899087663	drpallavis02@gmail.com
6	Dr.ShalluJamwal	Assistant Professor	9419109069	drshallujamwal@gmail.com
7	Dr.Preeti Sharma	Assistant Professor	9469648577	Preeti.upadhyaye@gmail.com
8	Dr. Usha Kiran	Consultant	7051002336	Drushakiran123@gmail.com

S. NO	NAME	DESIGNATION	PHONE NO.	E-MAIL
Senior Resident				
1	Dr.Manjula Salgotra	Senior Resident	9622244636	manjulasalgotra07@gmail.com
2	Dr.Shilpa Gupta	Senior Resident	7006754229	
3	Dr.Shanu	Senior Resident	9149529679	shanukapoor77@gmail.com
Junior Resident				
1	Dr.Kimmi Sharma	Junior Residents	7889902097	
Vocational counsellor/ Medical Social Worker				
1	Ravi Kumar Sharmha	vocational counsellor /MSW	9797425236	ravi01031992@gmail.com
2	Pawan Kumar	vocational counsellor /MSW	7006001942	pawan.k7667@gmail.com
Clerical staff				
1	Parveen Chander	store keeper cum Record Clerk	7889983976	parveen70728@gmail.com
Class IV				
1.	Meenakshi Devi	Class iv	6005351971	

❖ **ACADEMIC ACTIVITIES AND ACHIEVEMENTS OF THE STAFF**

➤ **Academic activities:**

- ✓ Organised a program on Adolescence Education at Govt. Higher Sec. Secondary Nagri, Parole.
- ✓ Organised adolescents PCOD camp degree college Kathua.
- ✓ Tenseminar conducted by the department.
- ✓ Clinical and theory classes for undergraduate MBBS students.
- ✓ World Menopausal day

❖ **ACHIEVEMENTS OF THE STAFF:**

Dr. Pallavi Sharma (Assistant Professor)

Certificate

1. Certificate of Attendance – Kanpur obs. and Gynae society in association with Gwalior obs. and Gynae society and Indore Obs. and Gynae society – webinar on Pansymposia on SGA FGR pregnancies now all about it – on 7th December 2020.
2. Certificate of Attendance – Poor endometrium not an enigma anymore.
3. Delegate Certificate – FOGSI CIOG – National conference on (NCD) In Ob-Gyn.
4. North Zone Yuva FOGSI conferences 2nd – 4th April, 2021.

Awards

1. First price in Urogynaecology quiz at the 24th annual conference of NARCHI November, 2017.
2. Second price in ISOPARB YUVA quiz- North Zone 28th January, 2014.
3. Second price in the quiz on obstetrical emergency at the 20th annual conference of NARCHI held in 28-29 September, 2013.

Paper Presentation 2019- April 2021

1. Paper presentation FOGSI annual conference 2020

Achievements

1. Member Editorial board –Journal of and gynaecology &obstetrics(2019-2021).
2. Academic counsellor IGNOU
3. CME'S Seminars, Conferences, Workshops attended

Dr. Shallu Jamwal (Assistant Professor)

Workshops

1. Workshop on USG in obstetrics and Gynaecology in North Zone Yuva FOGSI 2nd – 4th April, 2021.

Conferences

1. North Zone Yuva FOGSI conferences 2nd – 4th April, 2021.
2. Virtual conferences – 8th CRAB-E CON & DWITIYA TELEONCOTHON 2ND TI 4TH OCT 2020
3. 63RD All India congress of obstetrics and Gynaecology 29 Jan – 2nd Feb 2020 Lucknow.

Awards

1. Best Free paper award in NZ/SA CON -2014
2. Academic counsellor IGNOU

LIST OF BOOKS IN THE DEPARTMENTAL LIBRARY

S No	Book Name	Author	No of Books
1	BEREK & NOVAK'S GYNECOLOGY, 15 ED	BEREK	1
2	ADVANCES IN GYNECOLOGICAL SURGERY	O'DONOVAN	3
3	ATLAS OF GYNECOLOGIC SURGERY, 4 ED	WALLWIENER	2
4	CLINICAL GYNECOLOGIC ENDOCRINOLOGY AND INFERTILITY, 8 ED	FRITZ	2
5	DC DUTTA'S TB OF OBSTETRICS, 9 ED	KONAR HIRALAL	2
6	GYNECOLOGY FOR UNDERGRADUATES: THE FIVE FINGERS, 2ED	CHATTOPAD HYAY	1
7	HOWKINS & BOURNE SHAW'S TB OF GYNAECOLOGY, 17 ED	SURESH KUMAR	1
8	JEFFCOATE'S PRINCIPLES OF GYNAECOLOGY, 9 ED	MALHOTRA	2
9	MANUAL ON ASSISTED REPRODUCTION	RABE	3
10	REPRODUCTIVE ENDOCRINOLOGY AND INFERTILITY	DAFTARY	3
11	SHAW'S TB OF OPERATIVE GYNAECOLOGY, 7 ED	SETCHELL	2
12	TELINDE'S OPERATIVE GYNAECOLOGY, 11ED	ROCK	2
13	ULTRASOUND IN OBSTETRICS AND GYNAECOLOGY VOLUME 1 , 2 ED	MERZ	1
14	ULTRASOUND IN OBSTETRICS AND GYNAECOLOGY VOLUME 2, 2 ED	MERZ	1
15	WILLIAM OBSTETRICS, 25 ED	CUNNINGHAM	2
16	MUNRO KERR'S OPERATIVE OBSTETRICS, 12 ED	BASKETT	3
17	BEREK & NOVAKS GYNAECOLOGY 16/ED	BREAK	1
18	HOWKINS & BOURNE SHAW'S TEXTBOOK OF GYNAECOLOGY, 17/ED	SURESH KUMAR	1
19	SPEROFF'S CLINICAL GYNECOLOGY ENDOCRINOLOGY AND INFERTILITY 9/ED	TAYLOR	1
20	COMPREHENSIVE GYNECOLOGY , 7E	LOBO	1
21	ARIA'S PRACTICAL GUIDE TO HIGH RISK PREGNANCY AND DELIVERY : A SOUTH ASIAN PERSPECTIVE 5ED	BHIDE	1
22	IAN DOLAND'S PRACTICAL OBSTETRICS PROBLEMS, 7/ED	RENU MISRA	1
23	INFERTILITY IN PRACTICE, 4TH ED	BALEN	1

S No	Book Name	Author	No of Books
24	OPERATIVE OBSTETRICS, 4/ED	APUZZIO	1
25	INFERTILITY AND ASSISTED REPRODUCTION	RIZK	1
26	UROGYNECOLOGY IN PRIMY CARE	CULLIGAN	1
27	WILLIAMS OBSTETRICS,25/ED	CUNNINGHAM	1
28	OBSTETRICS: NORMAL AND PROBLEM PREGNANCIES: FIRST SOUTH ASIA EDITION	GABBE	1
29	CLINICAL PROBLEMS IN PEDIATRIC AND ADOLESCENT GYNECOLOGY	GOLDFARB	1
30	TE LINDE'S OPERATIVE GYNECOLOGY, 12/ED	HANDA	1
31	HIGH RISK PREGNANCY MANAGEMENT OPTION, 5/ED, 2-VOLS	JAMES	1
32	OBSTETRICS BY TEN TEACHERS 20/ED	KENNY	1
33	(EX)A COLOR ATLAS FOR HUMAN ASSISTED REPRODUCTION LAB. AND CLINICAL INSIGHTS	PATRIZIO	1
34	INFECTIONS IN OBSTETRICS AND GYNECOLOGY: TEXTBOOK AND ATLAS	PETERESON	1
35	OBSTETRICS AND GYNECOLOGY THE ESSENTIALS OF CLINICAL CARE (EXCL.ABC)	REECE	1
36	AVOIDING COMMON OBSTETRICS AND GYNECOLOGY ERRORS	ROBERTS	1
37	CURRENT PROGRESS IN OBSTETRICS AND GYNAECOLOGY, VOL-1	STUDD	1
38	CURRENT PROGRESS IN OBSTETRICS AND GYNAECOLOGY, VOL-2	STUDD	1
39	CURRENT PROGRESS IN OBSTETRICS AND GYNAECOLOGY, VOL-3	STUDD	1
40	CURRENT PROGRESS IN OBSTETRICS AND GYNAECOLOGY, VOL-4	STUDD	1

❖ [List of equipments in the department](#)

S.No	Equipment	Quantity
Labour Room &Gynae Ward		
1	Surgical Light	03
2	Radiant warmer	02
3	Suction apparatus	02
4	Oxygen concentrator	03
5	Pulse Oxymeter	05
6	Monitor	20
7	Nasal Therapy Unit	02
8	BP Apparatus	
9	High vacuum suction Machine	05

S.No	Equipment	Quantity
Gynae OT		
1	Laparoscopic Set	01
2	Lap ligation single puncher	02
3	Vessel Sealer(Diathermy)	01
4	Portable OT Light	01
5	Integrated bipolar ultrasonic coagulation unit (thunder beat)	01
6	Infant radiant warmer	02
7	High vacumm suction Machine	02
8	Bowl sterilizer Big	01
9	Colposcopy machine	01
Gynae OPD		
1	Autoclave Class B	01
2	Weight Machine	01
3	BP Apparatus	09
4	Boiler	01
5	fetal Doppler	01
6	Stethoscope	03

❖ Research publication of the staff members

Dr. Anil Mehta (Professor)

1. Incidence and risk factor of surgical site infection following caesarean section in the prouiveial Hospital Dr. Sonia Gupta – consultant Gynae, Government Hospital Gandhi Nager Jammu. Dr. Anil Mehta- Consultant Gynae, Government Hospital Gandhi Nager Jammu, Dr.Saimasadiq- consultant Gynae, Government Hospital Gandhi Nager Jammu.

Vol-8 issue -2/Feb2019,ISSN No 2277-8179 if: 4.758/ I C Value 93.

2. Closure of Pfannensteil incision in caesarean section comparison of wound with interrupted matters Vs Subcuticular suture Dr. Anil Mehta- Consultant Gynae and Obs Govt. Hospital Gandhi Nagar Jammu, Dr.Rajrishi Consultant Surgeon Govt. Hospital Gandhi Nagar Jammu, Dr.Sonika Gupta Consultant Gynae and Obs Govt. Hospital Gandhi Nagar Jammu, Dr.Bimla Sharma Consultant Surgeon Govt. Gandhi Medical College Jammu VOL.8 Issue-1/Jan.2019 ISSN-2278-8719 If: 4758/IC Value: 93.98
3. Comparison of Efficacy of two suture materials i.e Monofilament Sulture& Multi Filament Suture as subcuticular skin stitches in post ceaserian women a randamised clinical trail Evolution Med Dent Sci/E ISSN - 2278-4748/Vol.7 Issue52/Dec24.2018.

4. A Comparative study between electrocutery and steel scalpel in making abdominal wall incision in caesarean section Sonika Gupta, Anil Gupta, Vikrant Gupta International Journal of Reproduction Contraception Obs& Gynaecology Vol. - 6 Issue 6 Page 2330.

Dr. Minakeshi Rana (Associate Professor)

- 1) Comparison of Levonogesterol and copper releasing intrauterine contraceptive device on body iron store and Menstrual bleeding patterns: experience on India women ,European Review for Medical and Pharmacology Science 2012; 16:230-34 M Rana, P. Saxena, N Firdous.
- 2) Fetomaternal Outcome in preterm Premature Rupture of Membrane, International Journal of Infertility and Foetal medicine 2014;5(1): 18-21 Minakeshi Rana, Sharda Patra, Manju Puri, Shubha Sagar Trivedi.
- 3) CONTRIBUTION OF SOCIOECONOMIC TRACT INFECTIONS AND INFERTILITY IN RURAL INDIA, journal of evolution of Medical and Dental Science 2015;4(21): 3669-74 Minakeshi Rana, Virender Mohan Rana, Surinder Kumar Atri.
- 4) Prevalence of anaemia in pregnant women-1 SINGLE REFERENCE TO RURAL AREA OF NORTH INDIA . Journal of Evolution of MEDICAL AND Dental Science, 2019; 8(06): 6808-6811 Minakeshi Rana, Varinder Mohan Rana, Narinder Singh Bhutyal, Surinder Kumar Atri.
- 5) Pap smear for screening of carcinoma cervix: A study from rural North india, Journal of Evolution of Medical and Dental Science, 2019 ; 8(07): 00-00 Minakeshi Rana, Surinder Kumar Atri, Shweta Bhagat, virender Mohan Rana

Dr. Nishupriya Chib (Associate Professor)

- 1) Emergency Obstetric Hysterectomy – A Five year Review Nishupriya , Ashok Verma, Anjali SoniJKscience Vol 19 NO.4 Oct: Dec 2017 Pages from 230-232.
- 2) Maternal Mortality: Ten Years Retrospective study JK Science vol 12 No July – sep 2010 page 134-136.
- 3) Thyroid Dysfunction in Dysfunctional Uterine Bleeding international journal of Scientific Research Volume-6 Issue-6/june 2017.
- 4) Impact of literacy contraceptive practice in premenopausal women international journal of Recent Trends in Science and Technology june 2016-19(2) 266-268
- 5) Study of help syndrome incidence and maternal outcome Medpluse-international Medical Journal may 2017,4(5) 629-632.

Dr. Pallavi Sharma (Assistant Professor)

BOOKS

Dr Pallavi Sharma. Antimullerian hormonal and menopausal symptoms -Lambert academic publishing.1st edition, 2017.

JOURNAL ARTICLES

1. Sharma Pallavi, Singh Nilanchali, Tempe Anjali, Malhotra Mahima. Psyciatric disorders during pregnancy and post-partum. J Preg child health.2017; 4:2. DOI: 10.4172/2376-127X.1000317.
2. Singh Nilanchali, Sharma Pallavi, Chaudhary Priyanka. Cesarean delivery on maternal request, The controversy continues. Current medicine research and practice .7 (2017) 113116 . <http://dx.doi.org/10.1016/j.cmrp.2017.04.001>
3. Setia A, Singh Nilanchali, Sharma Pallavi Hemophilia in pregnancy.2017: AOGD bulletin. October 2017. Page 53
4. Singh Nilanchali, Setia Aparna, Sharma Pallavi. Thalassemia in pregnancy.AOGD bulletin. October 2017. Page 54
5. Appendicular lump presenting as a pelvic mass-an interesting case report. Taneja Charu, Sharma Pallavi, Singh Nilanchali. International Journal of Current Research Vol. 10, Issue, 08, pp.72921-72922, August, 2018. DOI: <https://doi.org/10.24941/ijcr.32077.08.2018>
6. Successful Management of Heterotropic Pregnancies with Favorable Outcomes. Singh N, Sharma Pallavi, Tempe A, Mishra P. Womens Health Sci J 2018, 2(3): 000119.
7. Anitmullerian Hormone and the Perimenopausal Symptoms. Sharma Pallavi, GanguliIndrani, Chaudhury Sangeeta, DagarMamta , Srivastava Mala . Gynaecology and Perinatology 2.4 (2018): 306-313.
8. Knowledge, practices and restrictions related to menstruation in young girls: a study from North India:> Vol 5, No 8 (2018) >SharmaDOI: <http://dx.doi.org/10.18203/23946040.ijcmph20183058>
9. Singh N, Sharma P, Mishra N. Female sexual dysfunction: Indian perspective and role of Indian gynecologists. Indian J Community Med 2020;45:333-7.
10. Covid 19 –Endangering womens Mental and reproductive health. Indian J of public health.2020;64:S251-2.

11. Analysis of second stage cesarean section in a tertiary care center in North India. International journal of scientific research. Volume - 9 | Issue - 9 | September - 2020 | PRINT ISSN No. 2277 - 8179 | DOI : 10.36106/ijsr
12. Clinico-pathological evaluation of ovarian masses – retrospective analysis of 255 cases. International journal of scientific research .Volume - 9 | Issue - 9 | September - 2020 | PRINT ISSN No. 2277 - 8179 | DOI : 10.36106/ijsr.
13. Renal hemangioblastoma with mixed müllerian tumour of endometrium. A tale of two primary tumors .Setia et al. World Journal of Surgical Oncology (2020) 18:154 <https://doi.org/10.1186/s12957-020-01929-1>
14. Covid 19 endangering Women's mental and reproductive health. JK Science: Journal of Medical Education & Research Vol. 22 No. 3, July- September 2020
15. Contraception in Covid 19 Scenario. AOGD bulletin. Volume 20 | June 2020 | Page 30.

CHAPTERS AUTHORED

1. Pallavi Sharma, Pushpa Mishra. Postnatal and Post operative ward round. Clinical Obstetrics A case based approach. Chapter 24. Page number 205. 2017. Jaypee Publications.
2. Mamta Dagar, Pallavi Sharma. Drugs in pregnancy. Obstetrics and Gynecology A case based approach. Chapter No. 20 (Obstetrics) Page no 337. 2015. Tree life publications.
3. Indrani Ganguli, Pallavi Sharma. Post menopausal bleeding. Obstetrics and Gynecology A case based approach. Chapter no 2 section 2 (Gynecology) Page no 384. 2015. Tree life publications.
4. Normal and Abnormal Puberty. Management of common gynaecological problems. Kanwal Gujral. Jaypee Brothers Medical Publishers. 1st edition 2019.
5. Prolactin and recurrent Pregnancy loss—a logical association or a feigned finding. Hyperprolactinemia and its effects. 1st edition 2019. Medical publishing network.

Dr. Madhu Digra (Assistant Professor)

S.No	Publication	Name of Journal
1.	Abdominal Tuberculosis A Clinicopathologic Study in Kashmir Valley.	International Surgery Journal
2.	Thyroid profile in women with menstrual disorders.	International Journal of reproduction, contraception, obstetrics and gynaecologist
3.	A study of immediate Postpartum IUCD insertion in vaginal vs. caesarean deliveries.	Journal of Evolution of Medical and Dental sciences

Dr. Shallu Jamwal (Assistant Professor)

1. Applications of Museum Techniques of preserving wet neuroanatomical specimens for Teaching Medical Students. IJA/Volume8, Number 1/January-March 2019.
2. Nuances of Human Anatomical Waste Management in a Secondary Care Government Hospital. Medj DY PatilVidyapeeth 2020; 13: 546-51.
3. Study of Morphological Variations of the Suprascapular Notch in the Indian population. Indian journal of Anatomy/Vol 7 No.5 Sept-Oct 2018.
4. Reversal after Lapaioscopic sterilisation – a Practical approach. J. Evolution Med. Dent. Sci. 2017; 6 (42) : 3342-3327, D01: 10: 14260 Jemds/2017/720.
5. Relief of labour pain with single Dose of Tramadol Hydrochloride. Int J Med Res Prof. 2017; 3(3) : 223-32 D01 ; 10.21276/ijmrp.2017.3.3.045.
6. Retrospective study on the infertility profile of patients reporting for In vitro fertilization and Embryo transfer in a tertiary care hospital in India. Journal of Medical Academics, Vol. 3 issue 2 (July-December) 2020.
7. Evaluation of sperm DNA fragmentation after cryopreservation in Ejaculated spermatozoa.

Dr. Preeti Sharma (Assistant Professor)

1. ICU Admission in Obstetrics; Analysis of Indication interventions and mortalities a tertiary care centre (IJAR january 2019).
2. Correlation of labour admission in low risk pregnancies with pregnancy outcome (IJRCOG march 2019)

3. Combined hysteroscopy and laparoscopy in evaluation of female infertilities (IJRCOG December 2018).
4. A study on maternal prenatal outcome of abruption placenta in a tertiary centre (international Journal of clinical Obstetrics and Gynaecology June 2020)
5. Efficiency of transobturator tape in the treatment of female stress urinary Incontinence. (International Journal of Advanced research (2016).
6. Studying pregnancy outcome in twin gestation in developing world. IOSR Journal of dental and medical science volume (May 2014).
7. Significance of clinical and histopathological evaluation in women and postmenopausal bleeding: a hospital based study in Kashmir (jemds/2015/1069).
8. Significance of lactate alevels in Vaginal fluid with time of onset spontaneous onset of labour in suspected cases of Pre Labour Rupture of membranes (IOSR journal of pharmacy and Biological Sciences June 2017).
9. Clinical Hysteroscopic and Histopathological evaluation of women with Abnormal Uterine bleeding in reproductive and premenopausal age group.
10. Timing strategies for delivery of Individuals with placenta praevia and accrete. International Journal of science and research (IJSR) sept. 2015.
11. Case report epidermolysis bullosa in newborn: a rare case International Journal of science and research, March 2016.
12. Vaginal wall Leiomyoma: A rare entity – case report
13. A rare case of Malignant Melanoma of vagina.
The Journal of Obstetrics and Gynaecology of India (May 2017)