



DEPARTMENT OF OBSTETRICS & GYNECOLOGY
GOVT. MEDICAL COLLEGE KATHUA.

Kathuagynae@gmail.com

❖ **GENERAL INTRODUCTION ABOUT THE DEPARTMENT**

The Department of Obstetrics and Gynecology at Govt. Medical College Kathua was started in the year 2019, and is committed to provide highest quality of care for health, strengthening research and imparting highest Level of Education to Undergraduate and DNB residents in the institute. Although department has started its Services just a few years back, the department is rapidly expanding its services. We all at the department are Committed to provide respectful maternity care. We have started quality initiatives to improve the patient care Services and experience. We are doing all types of major Gynecological Surgeries and providing high risk obstetrics Services. We have 7 bedded maternal I.C.U and 10 Bedded H.D.U. We have high risk referral from our hilly terrain C.H.C Bani, Billawar, Basholi, C.H.C Hiranagar and other adjoining area of Punjab. As a part of commitment towards the National Family Planning Programme. The department has an active family planning clinic which offers all the modalities of reversible and irreversible method of contraception. In its initial few years of service there are Several projects in the department organized which are funded and non-funded including department projects and STS projects. Moreover, In the Covid time the department extended its Covid services and developed obstetrician Module.

❖ **INFORMATION ABOUT THE STAFF**

S. NO	NAME	DESIGNATION	PHONENO.	E-MAIL
1	Dr. Minakeshi Rana MBBS, MD Ex. Senior Resident Lady Hardinage Medical College New Delhi	Associate Professor & HOD	9419170793	minakeshirana76@gmail.com
2	Dr. Nishupriya MBBS, MD Ex. Senior Resident RPGMC, HP (On Deputation GMC Udhampur)	Associate Professor	9419231587	Nishupriya25@gmail.com
3	Dr. Madhu Dигра MBBS, MD Ex. Senior Resident GMC Jammu	Assistant Professor	9419327933	drravinderchambyal@gmail.com

4	Dr. Shallu Jamwal MBBS, MD Ex. Senior Resident ASCOMS Jammu	Assistant Professor	9419109069	drshallujamwal@gmail.com
5	Dr. Usha Kiran MBBS, DGO	Consultant J& K Health Services	7051002336	drushakiran123@gmail.com
6	Dr. Shilpa Gupta MBBS, MD	Consultant (N.H.M)	7006754229	drshilpa1986@gmail.com
7	Dr. Deepika Jamwal MBBS, MD	Consultant (N.H.M)	8803594215	deepikajamwal215@gmail.com

Senior Resident

S. NO	NAME	DESIGNATION	PHONE NO.	E-MAIL
1	Dr. Shanu MBBS, MD	Senior Resident	9149529679	Shanukapoor77@gmail.com
2	Dr. Nancy Bharti MBBS, MD	Senior Resident	8493824532	bhartinancy786@gmail.com
3	Dr. Raghunaina MBBS, MD	Senior Resident	7780861889	raghunaina4847@gmail.com

DNB Residents completed their Course in Obs. & Gynae Department

1	Dr. Geeta Manhas	Secondary DNB Resident	8826092727	gt02587@gamil.com
2	Dr. Sapna Manhas	Secondary DNB Resident	9469705230	Sapna.manhas7@gmail.com

DNB Residents

S. NO	NAME	DESIGNATION	PHONENO.	E-MAIL
1	Dr. Kiran	Primary 3 rd year DNB Resident	9596796877	kirankundu427@gmail.com
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3	Dr. Anishwara	Primary 2 nd year DNB Resident	7006220049	anishwara1@gmail.com
4	Dr. Rakia Parveen	Secondary 2 nd year DNB Resident	7889675457	dr.rakiaparveen@gmail.com
5	Dr. Moseen Moneer	Primary 2 nd year DNB Resident	8825025633	majkhan5001@gmail.com
6	Dr. Shalini Bhagat	Secondary 1 st year DNB	9797560007	bhagatshalini09@gmail.com
7	Dr. Bidisha Singh	Primary 1 st year DNB	7006175069	bidishasingh1104@gmail.com

Non Academic Resident

1	Dr. Kushboo Fatima MBBS	Junior Resident	9541373018	khushboofatima145@gmail.com
2	Dr. Mayur Baboria MBBS	Junior Resident	7006274543	baborianeha08@gmail.com

3	Dr. Mir Nargis Bashir MBBS	Junior Resident	7889623581	mirnargis947@gmail.com
4	Dr. Umar Shafi	Junior Resident	6005596721	umiba3604@gmail.com
Vocational Counsellor/Medical Social Worker				
1	Ravi Kumar Sharma	Voc. Counselor /MSW	9797425236	ravi01031992@gmail.com
2	Pawan Kumar	Voc. counsellor /MSW	7006001942	pawan.k7667@gmail.com
Clerical staff				
1	Ankush Khajuria	storekeeper cum Record Clerk	7006768413	ankush9697@gmail.com
Class-IV				
1	Meenakshi Devi	Class iv	6005351971	

❖ SERVICES

Our department provides comprehensive obstetric and gynecological services, including:

- Routine Obstetrics and Gynecology OPD: Monday to Saturday, 9 am to 3 pm

Specialized Services:

- High-Risk Pregnancy Care
- Infertility Treatment
- Reproductive Endocrinology
- Preventive Oncology
- Urogynecology
- Family Planning
- Adolescence Clinic

Outreach Services:

- Rural Health Outreach OPD: Extending quality healthcare services to rural communities.

❖ VISION OF DEPARTMENT:

Our vision is to emerge as a premier center of excellence in women's health, delivering compassionate and supportive care with dignity, respect, and utmost professionalism.

❖ MISSION:-

Our mission is to provide holistic, patient-centered care to women across their lifespan, driven by excellence, compassion, and a commitment to improving their overall health and Well-being."

❖ PATIENT CARE:-

We are committed to delivering state-of-the-art care that is:

- Evidence-based: Guided by the latest medical research and best practices
- Accessible: Available to all who need it, without barriers or biases
- Equitable: Fair and just, with equal treatment and opportunities for all
- Affordable: accessible to people of all income levels

Our goal is to provide compassionate, patient-centered care that meets the unique needs of each individual."

❖ EDUCATION:-

Our mission is to educate and inspire the next generation of healthcare professionals in the field of Obstetrics and Gynecology, focusing on:

- Knowledge: Building a strong foundation in the science and principles of the field
- Craft (Skill): Developing expertise and proficiency in clinical and technical skills
- Art (Attitude): Fostering empathy, compassion, and a patient-centered approach

We emphasize:

- Lifelong learning: Encouraging a culture of continuous learning and professional growth.
- Collaborative learning: Promoting teamwork, communication, and inter professional collaboration.
- Innovation in teaching: Embracing new and innovative methods to enhance the learning experience.

Research:- Inspiring a culture of intuitive, iterative and translational research directed at improving the health of women at large.

❖ QUALITY :-

We are committed to delivering high-quality services that are:

- Effective: Achieving desired outcomes and improving health status
- Safe: Minimizing risk and harm to patients and staff
- People-centered: Focusing on individual needs, preferences, and values
- Timely: Providing care in a prompt and responsive manner
- Equitable: Ensuring fairness and justice in access to care
- Integrated: Coordinating care across different settings and providers
- Efficient: Optimizing resources and minimizing waste

By upholding these quality principles, we strive to provide exceptional care and service to our patients and community."

❖ VALUES:-

We are committed to upholding the following values:

- Empowering Environment: Fostering personal and collective growth, innovation, and excellence.
- Patient-Centered Care: Delivering care that is respectful, responsive, and inclusive, with active involvement Of women, families, and communities in decision-making.
- Collaborative Learning: Promoting a culture of lifelong learning, knowledge sharing, and partnerships within the country and globally.
- Supportive Management: Encouraging a management approach that is transparent, accountable, and supportive, providing a framework for:
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- Open communication
- Continuous feedback
- Recognition and reward
- Personal and professional development

By embracing these values, we strive to create a positive, inclusive, and empowering work environment that Benefits our patients, staff, and community